



Kirtland Wrestling Club 2014-2015 Youth Wrestling Team

What is it?	Learning the fundamental skills of the sport of wrestling (high school- and college-style wrestling, not MMA or WWE) Having fun in an athletic atmosphere Learning good sportsmanship Growing and making new friends on the team Competition against numerous clubs from all around northeastern Ohio (12-13 teams in our division alone)
Who may join?	All students currently enrolled in sixth grade and younger (We have had wrestlers as young as preschoolers)
Where is it?	Practices will be in the Kirtland Wrestling Room (Double doors out to the parking lot near KMS Main Entrance) Most competitions will be Sundays at Memorial Middle School in Mentor. A few will be Saturdays at the Willoughby YMCA.
When is it?	Practices for novice wrestlers will be on Tuesday and Thursday nights from 6:00-7:30 p.m. There will be an additional practice on Wednesday nights for more advanced wrestlers
Start/End	Thursday, November 6, 2014 to early February
Attire	Please wear a t-shirt and athletic shorts to practice Please bring a water bottle If a wrestler has braces (upper, lower or both), please talk to the coach about a mouthguard Each wrestler will be given a KWC t-shirt to keep and headgear and a competition uniform for use during the season Shorts and other attire will be available for order in youth and adult sizes
Cost	\$75 per wrestler, \$65 family rate (2+), \$55 if parent commits to assist coaching at all practices and competitions The first week is free of charge. Season payment is due at Thursday, November 13's practice For wrestlers who join after November 13, payment will be due at their first practice
Head Coach	Dan Cosimi // E: DC@KirtlandWrestling.com // P: 440-477-2497 (Please leave a voicemail with your name and callback number)

The Kirtland Wrestling Club is a volunteer organization based in Kirtland, Ohio, powered by a strong, welcoming and continually-growing community committed to creating an engaging experience in which student-athletes will grow via the learning the sport of wrestling, the camaraderie of the team and the community, healthy competition with peers, the discipline of practice and the fun of sport.

Brand new KWC T-shirts and shorts!



Special Thanks to the Kirtland Athletic Boosters for all the time, effort, and financial support given to the students of the Kirtland Schools. Over the last eight years, the athletic boosters have donated over \$500,000 to help support the student athletes in the district. The continued help and support from the boosters have reduced financial strain on the community and school district, allowing the schools to continue to provide a wide range of programs for our student-athletes. If you are not a booster and are interested in becoming one, please contact the Athletic Department at 440-256-3366 x4002 for further detail.